

What can I do with a Sport and Exercise Science degree?

Work with people to improve athletic performance, manage chronic conditions and maintain a healthy lifestyle.

Future careers



- Sports Scientist
- Personal Trainer
- Performance Analyst
- Rehabilitation Consultant
- Sports Development Officer.

Future growth



- The number of Science Technicians working in Australia is expected to grow to more than 22,000 in Australia by 2026.

labourmarketinsights.gov.au

Did you know



- Sports scientists use 3D motion analysis with multiple camera sensors to monitor pressure, movement, forces and acceleration.

essa.org.au

Median wage



- The average salary for a Sports Physiotherapist is A\$82,739 per year.

payscale.com/research/AU/job=Sports_Physiotherapist

Perks of the job

- Improve people's health and fitness
- Combat chronic disease and injury
- Empower people to live active lives
- Support physical independence.



Honour board



- Forbes Carlile - Revolutionised competitive swimming.
- Keijo Häkkinen - Developed high-intensity interval training methods.





JAMES COOK
UNIVERSITY
AUSTRALIA

Sport and Exercise Science

Subjects to focus on

- English (Units 3/4,C) - required
- One of General Mathematics, Mathematical Methods or Specialist Mathematics (Units 3/4) - required
- One of Biology, Chemistry, Physics, Physical Education or Psychology (Units 3/4,C) - recommended



Learn more

Scan the QR code to learn all about **Sport and Exercise Science**.



Scan to view Sport and Exercise Science at JCU video.



“What I like about JCU is that it has small class sizes so you get to know your lecturers. The lecturers really help you and give you great opportunities in the field that help further your career, such as internships, volunteering, and participating in research.”

Josiah McCarthy

BACHELOR OF SPORT AND EXERCISE SCIENCE



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