Welcome to James Cook University

As a parent of two daughters who have completed their university study, I understand the range of emotions that parents and partners of first-time university students can experience.

We have developed this guide to provide you with information about James Cook University (JCU), the services and support available to students and how you can help your child or partner succeed in their study goals.

JCU offers a comprehensive range of degrees and is also well positioned in the top 201-250 of the world’s universities based on criteria related to teaching, research, citations, institutional income, and degree of internationalisation.*

With JCU also retaining its five-star rating for full-time graduate employment eight years in a row, the best sustained performance in Queensland, in the Good Universities Guide 2018, your child or partner can take confidence in their choice of university.

JCU is dedicated to creating a brighter future for life in the tropics locally and world-wide through graduates and discoveries that make a difference. I am proud of the support we offer to students and encourage them to take advantage of the range of services available. As a parent or partner of first-time university students, you are a valuable part of our students’ support network and I am delighted to welcome you to the JCU community.

Professor Sandra Harding
Vice Chancellor and President

*Times Higher Education (THE) World University Rankings 2019

James Cook University is committed to fostering a community that features, at its core, respect, inclusion and safety for all.

JCU is proud to be part of the Respect. Now. Always. campaign – a national initiative led by Universities Australia to prevent and address sexual harassment and sexual assault. Further information about JCU’s commitment to the elimination of sexual harassment and sexual assault, and services and support for students can be found at jcu.edu.au/sew

Acknowledgement

We acknowledge the Australian Aboriginal and Torres Strait Islander peoples as the Traditional Owners of the lands and waters where we operate our business. We honour the unique cultural and spiritual relationship to the land, waters and seas of First Australian peoples and their continuing and rich contribution to JCU and Australian society. We also pay respect to ancestors and Elders past, present and future.
Important dates 2019

Teaching period 1
Orientation (O Week) 18 - 22 February
Classes 25 February - 31 May
Payment due date 18 March
Census Date 28 March
Last date to withdraw without academic penalty 19 April
Lecture recess 22 - 26 April
Study week 3 - 7 June
Exam period 8 - 21 June
Results published 9 July

Teaching period 2
Orientation (O Week) 22 - 26 July
Classes 29 July - 1 November
Payment due date 19 August
Census Date 29 August
Last date to withdraw without academic penalty 20 September
Lecture recess 30 September - 4 October
Study week 4 - 8 November
Exam period 9 - 22 November
Results published 10 December

More information
Find more key dates and print out teaching period calendars at: jcu.edu.au/students/important-dates
First weeks at university

A period of adjustment

The first weeks are exciting and busy. There is so much for new students to do, see, learn and remember.

University will be a very different environment for those coming from a school or workplace background. Tertiary students are adult learners and are expected to manage their study responsibilities accordingly.

Typical university week

Student support services agree that the key to succeeding at uni is being organised and managing time effectively. JCU recommends students allocate a minimum of 10–12 hours per week for each subject. Around 25% of their time will be spent attending face-to-face classes and the other 75% will involve independent study.

This self-directed study will include academic reading, reviewing notes, completing tutorial exercises, group study, as well as assignment and exam preparation. For a full-time student studying three or four subjects, it is a significant time commitment (36–48 hours/week).

A weekly planner and a study period planner are simple tools to manage time. Students can download these templates from The Learning Centre site. It is helpful for students to share their planners with the household.

Be prepared for highs and lows

Students can experience a wide range of feelings and moods as they progress through university. Parents and partners often experience the highs and lows alongside them. If you get to know the important dates, you can be ready for those times when extra support may be needed.

In the first weeks, students are typically happy, nervous and excited to be enrolling at university and take pleasure in all the new experiences. However, within a few weeks the realities of their workload may hit home and they may feel stressed as they juggle assignments, work commitments, social life and family responsibilities.

After about Week 5, when first assignments are completed and feedback received, most students settle into a routine. During this time they should access assistance in the areas they have identified as needing additional knowledge or support. Students are also developing confidence in their studies and abilities.

In the second half of the study period, there will be a rush of final assessments due and preparation for exams. This is a time when students can feel the intense pressure of competing deadlines and the need to revise for exams. Students commonly feel anxious around assessment periods (see page 3 graphic).

If your student can plan for the busy times, ask for help when they need it, and keep happy and healthy, they will increase their chances of success and be more likely to continue their studies.

Some differences between high school and university

<table>
<thead>
<tr>
<th>High School</th>
<th>University</th>
</tr>
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<tbody>
<tr>
<td>Attendance is compulsory and classes are held five days per week</td>
<td>Students chose to enrol in university and class times and days vary</td>
</tr>
<tr>
<td>75% classes and 25% independent learning</td>
<td>25% classes and 75% independent learning</td>
</tr>
<tr>
<td>Teachers deliver content face-to-face</td>
<td>Lectures may be videoconferenced or delivered through online learning platforms</td>
</tr>
<tr>
<td>Teachers direct learning and remind students about study responsibilities and assessment due dates</td>
<td>Students are independent learners responsible for managing their study workloads and meeting assessment deadlines</td>
</tr>
<tr>
<td>Teachers approach students if they believe they need assistance</td>
<td>Students are expected to monitor their own progress and seek help if needed</td>
</tr>
<tr>
<td>Teachers highlight important information</td>
<td>Students must review course and class content and identify important concepts</td>
</tr>
<tr>
<td>Teachers will review draft versions of assignments</td>
<td>Lecturers do not provide feedback on drafts</td>
</tr>
<tr>
<td>Assessment is more frequent and covers smaller amounts of material</td>
<td>Assessment is less frequent and covers larger amounts of learning material</td>
</tr>
<tr>
<td>Parents receive biannual reports with grades from A to F, and have access to parent-teacher interviews</td>
<td>Results are only available to students and graded from High Distinction to Fail</td>
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</tbody>
</table>
First teaching period

Emotional highs and lows for a new student in their first teaching period - an example

| Feelings       | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | OK | -1 | -2 | -3 | -4 | -5 | -6 | -7 | -8 | -9 | -10 |
|----------------|----|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|
| Excited to enrol |    |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |
| Enjoyed O Week |    |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |
| A lot of information to take in |    |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |
| Plan on good feedback on essay |    |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |
| Confident - Marketing the material |    |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |
| Happy - Passed subjects |    |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |
| Satisfied with the material |    |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |
| First assignments due Can I cope? |    |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |
| Should drop a subject |    |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |
| Stressed - competing demands and behind with assignments |    |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |
| Anxious about upcoming exams |    |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |

Parent and Partner of new students website

Choosing to go to university is a big step for your child or partner, and your support can make a real difference.

At JCU, we understand that helping your child or partner transition to university is easier with the right information. With this in mind, we have developed a webpage for parents and partners which provides additional advice to help you support your family member starting uni.

jcu.edu.au/parents-and-partners
Student profile

Madilyn Beplate,
Bachelor of Arts - Journalism and Political Studies

I graduated high school in 2015 and started university the following year. I initially enrolled in a Bachelor of Law, but ended up changing my course several times. I eventually found my niche studying a Bachelor of Arts and am now happy in the direction I’m taking.

It’s important to know that you aren’t constricted in your learning at JCU and it’s never too late to change your career path. When studying for your subjects, it’s important to put all your effort into the lectures, tutorials and readings – this makes it so much easier and stress-free when assessment and exams come around.

If you are struggling to keep up with the workload or are unsure of how to approach certain assignments, JCU offers a lot of resources to help you. Don’t be afraid to ask for help and it’s best to ask early to avoid wasting previous time.

Parent profile

Kathryn Beplate

Starting university has been a challenging, but extremely rewarding endeavour for my daughter Madilyn. I am extremely proud of her ability to successfully complete university subjects while working and balancing daily life.

Orientation week is very helpful for students as they are exposed to the many resources available at the university, which help to ease them into university life.

Some advice I would give to parents is to regularly communicate with your child and encourage them to share their successes and challenges with you. I would encourage students to become active members of the university community. This active participation can bring many rewards, including getting to meet new people and developing valuable support networks.

Madi has learnt much in her first years at uni - I am confident she now has the skills and determination to achieve her goals.
University essentials

Getting to know the basics

Orientation – why your student should attend
The JCU Orientation Program runs over a six-week period with activities commencing the week before Orientation Week (O Week) and finishing in Week 4. It is important students attend orientation activities as research shows that JCU students have a 22% increase in success rates if they participate in these transition activities.
jcu.edu.au/getready4uni

Academic calendar
The teaching year at JCU is divided into two main periods: Teaching Period 1 (first half of the year) and Teaching Period 2 (second half of the year). Each main teaching period has a 13-week study period, plus there are also shorter block/intensive study periods at JCU. See key dates for each teaching period, and print out a calendar for reference at:
jcu.edu.au/students/important-dates

Timetables and Class Registrations
The JCU lecture timetable site helps students plan their on-campus classes.
jcu.edu.au/lecture-timetables
Students also need to register for their classes through eStudent.
jcu.edu.au/eStudent

Lectures
Lectures are presentations that deliver facts and concepts that students need to know for their subject. They run for one or two hours and may be in lecture theatres, smaller rooms, via videoconference or viewed online. The Learning Centre has online modules to help your student get the most out of lectures.
jcu.edu.au/learning-centre

Tutorials and practicals
Tutorials or ‘tutes’ are interactive sessions and usually take place in smaller discussion rooms and with smaller groups than the lecture. Tutors will facilitate discussions about weekly readings and students may also have weekly exercises and/or presentations to prepare. Preparing for tutorials is essential and should be part of your weekly planner.
Practicals or ‘pracs’ are similar to tutorials but involve practical applications of lecture content and usually take place in dedicated laboratories and studios with instructors.

Field trips
Some subjects include a field trip component of a single day or a week away from campus. They involve transport, food and accommodation, so may incur additional charges.

Online study – a flexible option
A growing number of subjects and courses at JCU are also available to study online, which gives flexibility to students with work, family or other commitments to schedule around. Students studying on campus in Townsville or Cairns may be able to study a mix of online and on-campus subjects depending on the course.

The Subject Outline
The Subject Outline, available online via LearnJCU, is a key document that informs students about what to expect in the subject, what assessment tasks are involved, the assessment criteria, deadlines, textbooks and contact details for their lecturer. It is available a week before teaching commences through LearnJCU.

Academic integrity
Academic integrity is the commitment to act ethically, with honesty, respect and fairness in creating and communicating information in an academic environment. This is done through acknowledging the work of others, creating authentic individual assessment, and applying the correct academic referencing style for each subject or discipline. Academic staff use assessment design and technological tools to detect academic misconduct. The Learning Centre and the Library offer online modules and workshops about academic integrity, in particular, referencing and academic writing.
jcu.edu.au/students/learning-centre/academic-integrity

Rights and responsibilities
The JCU Student Code of Conduct promotes mutual respect and fairness, ensuring a safe and inclusive learning and research environment. The Code sets out the obligations expected from students of JCU in terms of conduct and respecting the rights of others.
jcu.edu.au/policy/student-services/student-code-of-conduct

“My advice to new students is to attend O Week and talk to people! Make the effort to get to know other students in your course. They are going to be there if you need help, and some will become good friends too.”
Kate Gunzberg
Bachelor of Speech Pathology

Enquiries 1800 246 446 | www.jcu.edu.au
How parents and partners can help

Tips to help you prepare for a support role

Plan for success
Encourage your student to attend all classes and create a weekly and semester study plan to reduce stress and stay on track. Remind your student to ask questions, especially in the first few weeks.

Make sure they have a comfortable study area
It’s important to have a place where a student can leave textbooks open and notes arranged, without having to pack up whenever they finish studying. A quiet place for study with good lighting and a comfortable chair is ideal.

Encourage your student to use the JCU Library, which is open seven days a week during teaching periods and offers inviting learning and social spaces.

Be flexible with family commitments
There are times in the academic calendar when students really need to focus on their studies and forego some other activities.

You can assist by trying to arrange holidays and celebrations to coincide with ‘quiet’ times in the academic year, such as between teaching periods. Expect your student to devote more time to their studies when assignments are due and during the exam period.

Encourage discussion
Showing an interest in their studies - becoming familiar with the course, campus and university terminology can help open communication channels with your student. Chat about what your student is looking forward to, any concerns they may have, and how you can help them in this time of adjustment.

Maintain a positive attitude
It is common for students to worry about making new friends, the difficulty of their course, or their ability to get everything done. Providing a positive outlook can be really helpful.

Don’t underestimate the challenges of starting university
Even high-achieving students can face challenges: forming new social networks, financial pressures, maintaining health and wellbeing, becoming independent learners or relocating.

Success as university involves maintaining a balance between academic study and personal wellbeing, so nutrition, exercise, and socialising are important.

Guide your student to JCU staff and support services
JCU has a range of services available to support student success and wellbeing. Academic support, wellbeing and counselling, AccessAbility, careers and employment and mentoring services are all available at no cost. If you or your student have concerns, seek information or advice from a relevant student support service.

Keep in touch
Show your interest and support by asking about their studies, how they are feeling and what you can do to help. If your student lives away from home, make regular contact to show your support and plan a visit.

Offer to proofread assignments
Even if you are not familiar with the topic, you might be able to check for spelling mistakes and grammatical errors. If you don’t feel confident proofreading, encourage discussion about what they are learning and to explain the assignment topic, which will help them articulate their argument.

Encourage them to participate in uni activities
Meeting new people – students, academics and other JCU staff – will help your student develop valuable support networks and a sense of belonging. These contacts can be helpful when challenges arise, as well as for work experience and professional opportunities. View information about student clubs and other activities at:

jcu.edu.au/student-life

Prepare young adults for living away from home
Check that they have a Medicare card, a Tax File Number, Healthcare card, personal bank account, and relevant phone apps for maps and public transport. A driver’s license and a certified copy of their birth certificate are also useful as extra ID.

Encourage independence
Show an interest and discuss challenges together. At the same time, encourage your student to find information and services for themselves. Let them know they have your support, even if their decision may not be the one you would have made.

Celebrate achievements
Acknowledging success is important. Celebrating small achievements and milestones throughout the study year will help to maintain a positive attitude and lift levels of motivation ahead of the next academic challenge.
Partner profile

Cameron Ferguson

Redbird started studying when our twins were very young. Supporting a family on a single income can be challenging sometimes. I have had to be more flexible to help out around the house and with the children.

When assignments are due and during exams, I have to take on a lot more – I cook, clean and run around after the kids. I try to help her manage the challenges and to stay positive and focused on achieving her goals.

My advice to partners of new students is to be supportive! Completing a university degree requires a high level of commitment, dedication and determination. Returning to study or just starting something new can be challenging for everyone, so be patient with each other and work together to find what works for you.

Student profile

Redbird Ferguson, studying Bachelor of Arts

Cameron is the key to my success at university. He makes sacrifices to take on more around the house and help with our twin boys, giving me the time to focus on getting assignments finished, studying for exams and go on field work. Even when it means big adjustments for the family, he always encourages me to stay on course and complete my degree, and to take up opportunities whenever possible.

I encourage new students to get involved, go to O Week, and meet the Mentors and your fellow students. Building a network at university will help you to stay balanced and to realise that everyone has highs and lows throughout their study. Take the time you need to complete your studies, an extra six months or year can mean a happier family along the way and a more enjoyable experience for everyone.
Enrolment and academic progress

Key responsibilities

A student’s enrolment is a legal contract with the University. Managing their enrolment includes choosing appropriate subjects for their course, registering for classes, finalising enrolments and paying any fees by payment due dates.

Enrolment

Sorting out enrolment can take time, especially if a course has many subject choices. Students check and manage their enrolment using JCU’s online portal eStudent. If they have questions, they can contact the Student Centre. They can research and plan their subject choices using the Course Enrolment Planners online at:

jcu.edu.au/course-enrolment-planners

Privacy laws prevent parents and partners from accessing a student’s exam results, contact details, financial information or enrolment details, even if the student is below 18 years of age or you are paying their fees.

Academic progression

Students must achieve minimum academic standards for each stage of their course. Achieving satisfactory academic progress is important as it shows a student is meeting the learning objectives for their course and progressing with their studies. If they don’t meet the minimum academic standards, JCU will contact them and they will need to respond.

Marks and results

Students view their marks for assignments online using LearnJCU. Final results for each subject are available approximately three weeks after the end of the teaching period in eStudent. Final results for a subject are explained in the table below (note percentages shown are recommended only).

Failing a subject

Nobody likes to fail, but it’s not the end of the world! If your student fails a subject, they will receive a range of support options. These may include workshops and online modules with The Learning Centre’s team or support from other areas. They may need to re-take the subject (if it is a core subject) or take another subject of equal value to complete their degree.

<table>
<thead>
<tr>
<th>Result</th>
<th>Guide to final marks for a subject</th>
</tr>
</thead>
<tbody>
<tr>
<td>HD = Pass with High Distinction</td>
<td>85–100%</td>
</tr>
<tr>
<td>D = Pass with Distinction</td>
<td>75–84%</td>
</tr>
<tr>
<td>C = Pass with Credit</td>
<td>65–74%</td>
</tr>
<tr>
<td>P = Pass</td>
<td>50–64%</td>
</tr>
<tr>
<td>N = Fail</td>
<td>&lt;50%</td>
</tr>
<tr>
<td>X = Fail</td>
<td>Did not sit for exam or did not complete at least 80% of assessment.</td>
</tr>
</tbody>
</table>

Changing course

A large percentage of students change their course or major/s in their first year. This is usually an informed decision after studying several subjects. Try and be supportive and respect their decision and encourage them to see a Career Counsellor to discuss graduate career options in their new field.

Many new students can feel overwhelmed. Encourage your student to stick with it and to speak with JCU staff about their concerns as soon as possible. Their lecturer or tutor should be the first person they speak to. The JCU Counselling and Wellbeing Service have qualified staff who can help students cope with the stresses of study.

Options include reducing their study load (number of subjects) or changing a course or major. Another option is to apply to take ‘leave of absence’ from their course for up to a year. This allows time off to explore other options while their university place is reserved for them. They should discuss these options with an enrolment officer at the Student Centre before taking any action.

If your student decides to withdraw from their course or drop a subject, it’s very important they do this before the census date for their subject/study period. These are listed online at:

jcu.edu.au/students/important-dates

Students are required to pay fees for subject/s they have not formally withdrawn from on or before the census date. This applies, even if they do not complete the subject. Additionally, they will have ‘fail’ recorded on their academic transcript.
First In Family

At JCU, we have a high percentage of students who are the first in their family to come to university. We understand that the transition into university can be exciting as well as stressful for these students and their families as they embark into unknown territory. JCU successfully navigates thousands of new students through this transition process every year as part of orientation, but each student is unique and requires different support at different times to be successful. We have a motto that ‘smart students access support’ and we encourage new students to know the support services and proactively access them early to support their success.

Study load – full-time or part-time

The number of subjects that your student enrols in each teaching period is their ‘study load’. Generally a subject is worth 3 credit points. A full-time study load is an enrolment of 18 to 24 credit points (or six to eight subjects) in one academic year. A part-time study load is an enrolment of fewer than 18 credit points (less than six subjects) in an academic year. If your student decides to reduce their study load and change to part-time (particularly if less than 3 subjects in a teaching period), this may affect any government payments or scholarships they receive. They should speak with staff in the Student Centre for course progression information and contact Centrelink regarding possible impacts on their benefits.

Balancing work and study

Many students combine work and study. Good time management skills are the key to making it work. They need to plan ahead for assignments and exams. In addition, timetables for lectures and tutorials change with each new study period, so they may need flexibility from their employer. We advise full-time students to do a maximum of 15 hours of paid work per week.

Work experience – either paid or as a volunteer – provides many benefits to students by:

• building confidence
• helping to develop basic or specialist work skills
• providing experiences to help them make career decisions
• broadening their networks
• providing employer references and experience for their graduate résumé.

Studying overseas

JCU has a campus in Singapore and over 60 partner universities worldwide. Students can study abroad for one or two study periods, short study tours or placements and gain credit towards their degree. It is a great opportunity and Australian Government loan funding may be available to assist with travel costs. jcu.edu.au/globalmobility

Successful Students...

• Are genuinely interested in their area of study.
• Attend lectures and tutorials.
• Are resilient and work through challenges.
• Recognise that university is not just about study and develop a social network on campus.
• Have the self-discipline to prioritise study.
• Complete assignments by the due dates.
• Know how and where to find help.
• Have a clear vocational goal or reason to study.
• Develop a sense of academic self-confidence.

jcu.edu.au/globalmobility
Learning Support

Finding help and improving study skills

There are excellent resources available to prepare for study and to improve writing, maths, research, English language, critical reading, examination and organisational skills.

Orientation
During Orientation there are a number of course activities, workshops and social activities to help students settle in and succeed at JCU. View the Orientation Program online at:

jcu.edu.au/getready4uni

Short courses to get prepared
Learning Advisors and Peer Leaders facilitate a number of short courses - before and after O Week. Short courses offer additional material not covered during O Week.

jcu.edu.au/getready4uni

The Learning Centre
The Learning Centre is a specialist unit that works to help all JCU students develop their academic, study and organisational skills through engagement with:
1. Online resources
2. Short courses; offered free at the start of each semester
3. Peer Advice Desk; a 15 minute drop-in service
4. Studiosity; an afterhours online service
5. Learning Advisor consultations

For further information visit:

jcu.edu.au/learning-centre

Talk to academic staff
One-on-one time spent with lecturers and tutors can be invaluable. Consultation times – when students can speak to a lecturer in person – are usually shown in the Subject Outline and on the lecturer’s door. Students can also email a lecturer with questions. New students are encouraged to seek out their sessional tutors for advice and clarification about assessment tasks.

LearnJCU
This is JCU’s online learning environment. Students log into LearnJCU for each of their subjects to access their Subject Outline, assessment results, announcements, discussion boards, weekly study materials and more.

jcu.edu.au/learn

Library and Information services
The JCU Library is an essential academic and student service with print and digital collections that students can borrow or access online 24x7. Open seven days a week during semester, the libraries in Townsville and Cairns provide inviting, learning environments and facilities where students can start the research process, study individually and in groups, and complete assignments with access to computers, printers, Eduroam wifi and other equipment. The 24 hour Information Commons (Townsville) and kitchenettes (Townsville & Cairns) provide additional facilities after hours.

Library services include:
- Online information resources and learning tools for course subjects via Library Guides (LibGuides).
- Library staff providing expert help with locating information for assignments and referencing via workshops, online modules, face-to-face assistance at InfoHelp and online chat.

Parents and partners are welcome to visit the library in person or online:

jcu.edu.au/library

Student Mentors
Our award-winning Student Mentor Program links new students with Student Mentors who are experienced students in the same course. New students meet their mentors in O Week. Mentors are trained volunteers who remember what it’s like to be a new student and are there to help.

jcu.edu.au/mentors

Indigenous Tutorial Assistance
The Indigenous Education and Research Centre has dedicated Indigenous Academic Support Advisors who coordinate free tutorial assistance for our students to improve academic outcomes. They provide supplementary coaching for each JCU subject by qualified and suitable tutors.

jcu.edu.au/ierc
Successful students know how and where to find help. Our student support services are free and available to all students, whether on campus, at remote study centres or studying off campus.

Student Centre
JCU Student Centre is your number one point of contact. See back cover for contact details.

Indigenous Education and Research Centre
The Centre’s staff are here to support students through their whole journey whilst at university by providing assistance with their studies, developing strategies for time management and planning, gaining access to free coaching to help with assignments, or exam preparation.

International Student Support
Dedicated support staff provide International Students with helpful information, advice and referral services as well as facilitating a special orientation for new students on arrival.

Accommodation Service
The JCU Accommodation Service is a resource available to all JCU students seeking assistance with housing requirements. Accommodation Services can help with on or off campus, short or long term, living arrangements.

AccessAbility Services
This is a confidential support service to assist students who identify as having a temporary or permanent disability, injury, illness or health condition that may impact on their studies.

Counselling and Wellbeing Service
Counsellors offer counselling sessions on campus, by phone, or Skype about issues that could impact on a student’s studies.

Multifaith Chaplaincy
JCU has a Multifaith Chaplaincy that works with local faith communities to support students.

Student feedback and complaints
JCU’s Student Complaints and Quality Improvement Unit deals with informal and formal complaints and appeals from students.

JCU Student Association
The JCU Student Association (JCUSA) is run by elected students for students. JCUSA’s focus is on bringing quality support and services, while making the university experience exciting, engaging and fun. The Student Advocacy Officers offer free, independent and confidential advice that is available to all JCU students.

Careers and Employment Service
Our Careers and Employment team help with career planning, job search and application support, plus have great online resources. Students can find casual employment, volunteer opportunities or graduate positions on CareerHub.

Transport
Find out about parking on campus, bicycle travel, bus timetables, public transport costs and concessions at:

“MY advice for being successful is to be organised, driven, and passionate about what you are studying. It is also important to build social support networks, keep up-to-date with lectures, and allocate time for study, exercise, family/ friends and self-care. JCU is very supportive and staff understand the stresses involved with study, so if you do find yourself struggling or behind, there are lots of support services available to access.”

Annaliese Giger
Bachelor of Medicine, Bachelor of Surgery
Costs and financial assistance

Plan for the cost of study

University fees and charges
It is important to be aware of the fees and charges your student is responsible for, and if they can defer payments with a HELP loan or need to pay fees upfront. Fees and charges depend on citizenship and enrolment. Along with subject fees, students are also liable for the Student Services and Amenities (SSA) Fee per subject.

The Australian Government encourages study overseas for 6 to 12 months and offers OS-HELP loans to help with travel costs. View fee information online at: jcu.edu.au/fees

Payment due dates and census dates
Students who are required to pay their fees up front must do so by the payment due dates. Another important date is the ‘census date’. This is when a student’s enrolment must be finalised. See key dates explained online at: jcu.edu.au/students/important-dates

Other study expenses
Other costs include textbooks, stationery and copying and printing charges. Students may also need equipment such as uniforms, lab coats or calculators. Textbooks can be costly and students should review the costs of study materials as soon as subject information is available. Textbooks may be available as e-books, second-hand or from the library.

Although there are computer labs around the campuses and in the library, students need their own computer or tablet to access study materials, library resources and other online resources and to participate in discussion boards and other digital assessments. Whilst they are studying, students can access some free software from JCU.

Some subjects include field trips and may have charges for travel, meals and/or accommodation. Completing a professional placement away from home (for example for Nursing, Education or Medicine students) will have a financial impact and students need to plan for these, for example if they will be away from regular work and may lose income. If your student wishes to participate in an international exchange, there could be considerable costs. The Australian Government offers OS-HELP loans to cover international travel costs. Visit jcu.edu.au and search “OS-HELP”

Scholarships
There are many scholarships available to undergraduate and postgraduate students. Programs such as the JCU Access Fund and Indigenous Commonwealth Scholarships help students from low-income families and those from remote areas who need financial assistance to get started at university.

Government assistance
The Department of Human Services administers student income support programs such as ABSTUDY, Austudy, Youth Allowance and Pensioner Education Supplement. Financial assistance may also be available through Rent Assistance and Fares Allowance.

Other financial support
Student discounts are available for many services and items. Make sure your student asks for student discounts – whether they are buying a movie ticket or purchasing software or computers online. In emergencies, JCU offers student loans for essential study-related expenses.

Budgets
Preparing a budget is important for couples and families who may be dropping a wage or for school leavers managing money for the first time. Discuss costs and income together to ensure everyone has a clear understanding of their financial position and can manage their finances. Compiling a budget helps students understand how much they need for essential items like accommodation, living expenses, textbooks and petrol/travel. It can also help to factor in high cost periods and financial emergencies that take place throughout the year. You can help your student manage their finances by discussing ways they can minimise costs and providing strategies for dealing with financial problems.

Links
JCU fee and support info: jcu.edu.au/fees
Scholarships: jcu.edu.au/scholarships
Study Assist (government site): studyassist.gov.au
Department of Human Services: humanservices.gov.au
Money Smart (budget tools): moneysmart.gov.au
<table>
<thead>
<tr>
<th>Term</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advanced standing</td>
<td>Students with previous qualifications or relevant work experience may be able to apply for Advanced Standing (credit) towards their JCU degree.</td>
</tr>
<tr>
<td>Bachelor degree</td>
<td>A first-level degree, taking a minimum of three years. Abbreviated to, for example, BA (Bachelor of Arts); BSc (Bachelor of Science).</td>
</tr>
<tr>
<td>Block mode subjects</td>
<td>Subjects taught over an intensive short period, often during university holidays or over weekends.</td>
</tr>
<tr>
<td>Census date</td>
<td>Enrolment is considered to be finalised on a subject's census date. It is the last date to withdraw from subjects to avoid fee liability. If payment, or arrangements to defer payment (if eligible), are not made by census your enrolment may be cancelled.</td>
</tr>
<tr>
<td>Commonwealth Supported Place</td>
<td>The Australian Government pays part of the course fees, and the student pays a student contribution, which they can defer using HECS-HELP if they are eligible.</td>
</tr>
<tr>
<td>Course Enrolment Planner</td>
<td>An online resource that helps students plan and select subjects for their course.</td>
</tr>
<tr>
<td>Diploma of Higher Education</td>
<td>A one-year course (or two years, part-time) designed to help people who may not meet the academic requirements for entry into a Bachelor degree course.</td>
</tr>
<tr>
<td>eStudent</td>
<td>An online system where students manage their personal details, enrolment, class registration, payments and more.</td>
</tr>
<tr>
<td>HECS-HELP</td>
<td>A loan program to help eligible Commonwealth supported students to pay their student contribution amounts.</td>
</tr>
<tr>
<td>Honours</td>
<td>A Bachelor degree with Honours involves additional study and a research thesis. Graduates have advanced knowledge and skills for professional or highly skilled work and/or further learning.</td>
</tr>
<tr>
<td>InfoHelp</td>
<td>The IT and library support service for undergraduate JCU students that provides assistance in person, by phone, email or online request form.</td>
</tr>
<tr>
<td>International exchange</td>
<td>Local students can study overseas as part of their JCU degree with one of JCU's partner universities. Students can participate in an exchange or short-term program, or in an inter-campus mobility program to the JCU Singapore campus.</td>
</tr>
<tr>
<td>Joint degree</td>
<td>A combined degree in two areas that can take 4-5 years to complete full-time. Graduates earn two degrees, for example, Bachelor of Arts-Bachelor of Laws.</td>
</tr>
<tr>
<td>LearnJCU</td>
<td>JCU's online learning environment to access subject outlines, assessment results, announcements, discussion boards, weekly study materials and more.</td>
</tr>
<tr>
<td>Lecture recess</td>
<td>A week long period within a teaching period when there are no lectures. This time is often used to complete assignments or study for exams.</td>
</tr>
<tr>
<td>Major</td>
<td>A specialist strand within a course. For example, Bachelor of Business (Accounting)</td>
</tr>
<tr>
<td>Online learning</td>
<td>Some JCU subjects and courses are available entirely online, using electronic media.</td>
</tr>
<tr>
<td>OS-HELP</td>
<td>An Australian government loan used to help undergraduate students undertake part of their course of study overseas.</td>
</tr>
<tr>
<td>Payment due date</td>
<td>The date that students ineligible for a HELP loan or who choose to pay subject fees and Student Services and Amenities fees up front must make payment to avoid enrolment restrictions.</td>
</tr>
<tr>
<td>Placements</td>
<td>Some courses (including Education, Social Work and Nursing) require students to undertake regular professional/practical placements in the workplace. Students can have costs associated with placements.</td>
</tr>
<tr>
<td>Postgraduate</td>
<td>A postgraduate student is studying for a higher-level degree which may be research-based or may lead to professional qualifications after a general degree. Examples include a Masters, Doctorate (PhD) or Graduate Diploma.</td>
</tr>
<tr>
<td>Student contribution</td>
<td>The amount a Commonwealth supported student is required to pay for a subject. The amount will vary depending on where it falls in the Australian Government's student contribution amount bands.</td>
</tr>
<tr>
<td>Student Services and Amenities (SSA) Fee</td>
<td>Payable by all students at JCU. Income from the SSA Fee is used to provide student support services and facilities. Eligible students can defer the fee with a government SA-HELP loan.</td>
</tr>
<tr>
<td>Study load</td>
<td>The number of subjects/credit points in a student's annual enrolment. A full time load is 18-24 credit points per year (most subjects are worth 3 credit points, which equates to six to eight subjects per year for a full-time load).</td>
</tr>
<tr>
<td>Study period</td>
<td>A study period has a start and end date, payment due date, census date, last date to add or substitute subjects without prior approval of the subject coordinator, date for withdrawal without academic penalty, and date for release of subject results. There are many shorter block study periods throughout the year.</td>
</tr>
<tr>
<td>Teaching period</td>
<td>The academic year is divided into two teaching periods: Teaching Period 1 is the first six months of the year and Teaching Period 2 is the second six months of the year. A teaching period contains several study periods.</td>
</tr>
<tr>
<td>Undergraduate</td>
<td>An undergraduate student is one who is studying at university at Bachelor degree or Diploma level.</td>
</tr>
<tr>
<td>Vice Chancellor</td>
<td>The Chief Executive Officer of the University.</td>
</tr>
</tbody>
</table>
Contact us

JCU Student Centre is your number one point of contact for help with enrolment, subjects, fees, support services, scholarships, exams and more.

Townsville: 07 4781 5255
Cairns: 07 4232 1000
Freecall (within Australia): 1800 246 446
Email: enquiries@jcu.edu.au

Ask Us

Find answers to common questions
jcu.custhelp.com

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This publication is intended as a general guide. The information is correct at the time of printing. Prospective students should contact the University to confirm admission requirement and course availability. James Cook University reserves the right to alter any course or admission requirement without prior notice. James Cook University CRICOS Provider Number: 00117J.