



WOMB

Women's Action for Mums and Bubs

WOMB Project Update

No.2

Welcome to 2019!

A Happy New Year to all WOMB project partners, investigators and supporters! We hope you have had a wonderful holiday period and are ready for a fabulous year ahead. This is a big year for the WOMB Project, with the participatory women's groups soon to get started we are down to business. We hope this Update informs you, encourages you, inspires and connects you to your WOMB Project colleagues. If you have any questions about what you read, please just contact your friendly WOMB project team:

womb@jcu.edu.au



New WOMB Project Logo

This Update we introduce the new WOMB Project logo, painted by the very talented Selina Tonga, who is not only a great artist but a valued member of the WOMB project. Selina works at Carbal Medical Services in Warwick and explains her logo in the following way: *We as women all belong to the one tree, hands reaching up in growth, branching out learning from each other, moving around the cycle of life we continue to learn,*

grow empowering the next generation of strong healthy women. Many thanks Selina!

Visits to services

In December 2018, the Mulungu team of Edwardine Gela, Naomi Courtney, Debra Malthouse and Aimee Supplice hosted Michelle from the WOMB Project to talk more about the project, data requirements and where to next. Thank you for your commitment to the project Mulungu team!



The next service visits will be with Carbal in Warwick and back to Mulungu at the end of January as these first two services prepare to launch their PWGs.

The WOMB project team will visit all WOMB service partners before they begin their PWGs to talk about recruiting women to the groups, provide refresher training if required, discuss data collection, ethics and any other areas of the project the facilitators or service more broadly would like to discuss.



Audit data requirements

At the end of last year we circulated a list of de-identified audit data requirements for each service to provide as baseline data (also included in the December WOMB Project team Minutes). If you are unsure what data needs to be collected or are having any problems accessing this data, please do not hesitate to contact us: womb@jcu.edu.au

We are on the Web

Information about the WOMB project is now up on the James Cook University website, via the Anton Breinl Research Centre for Health Systems Strengthening. Visit the WOMB Project page and catch up on previous Project Updates. Share with a friend!



[Read more >>](#)



Communication and Media

Welcome to the new members of the Closed Facebook Group This is a safe place to share about your experiences of establishing and running the PWGs and all things 'WOMB'. Any useful resources - add the details (and a link) on the FB page. To join the group, please open Facebook and paste **Women's Action for Mums and Bubs - WOMB Project** in the search box at the top of the page. Once you are at our page, click on '+Join Group' and you will be connected!

For social media users: please use our hashtag #WOMBprojectAU

[Read more >>](#)



Photo Spot

This Update, we continue our theme of all things Carbal :) and include a photo from near Warwick. This stunning shot was taken from The Springs Park looking down over the traditional country of the Keinjan people. If you have a photo you would like to share with WOMB project partners, please do email us at womb@jcu.edu.au Thanks!

[Read more >>](#)

More information

If you have questions or would like more information about anything you have read in this WOMB Project Update, please email womb@jcu.edu.au If you no longer wish to receive this Update please email womb@jcu.edu.au and your details will be removed from the distribution list.



The Women's action for Mums and Bubs (WOMB) Project is co-led by Associate Professor Catrina Felton-Busch and Professor Sarah Larkins and is funded by the National Health and Medical Research Council of Australia (1146013).

The WOMB Project is a partnership between:



Gidjee
Healing



Geraldton
Regional
Aboriginal
Medical
Service



We acknowledge Australian Aboriginal People and Torres Strait Islander People as the first inhabitants of the nation, and acknowledge Traditional Owners of the lands where our staff and students live, learn and work.



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