



LEVERAGING EFFECTIVE AMBULATORY PRACTICES

# LEAP PROJECT

## LEAP Project Update

No.5 | September, 2020

### How 2020 has gone so far...

Giinagay everyone (*'Hello' in Gumbaynggirr*)

Welcome to our 5th LEAP project update. Throughout this project update we share about our progress with our directions, plans and take a look at how we plan to wrap up 2020!

### Service and partner updates - Talking with Talah

Our LEAP Yarn Up's are well underway, thanks to some deadly volunteers...

So far we have had a couple of yarn ups that are just waiting to be turned into a video and shared amongst our LEAP Learning Community :-)

This exciting way to capture genuine insights from people working on the project and valuable stories from our front line health workers, not only inform how the LEAP team works but offers opportunity for other health services who may be experiencing similar challenges, to overcome them in a different way through watching and listening to fellow colleagues on the ground.

If you wish to volunteer your time, talk through any worries or just get some more information. You can contact Talah to have a 'pre'-yarn :-)

Email: [talah.laurie@jcu.edu.au](mailto:talah.laurie@jcu.edu.au)



## ***Murtupuni - Gather up, muster up!***

The LEAP project has a Conference presentation happening at the Are You Remotely Interested conference, coming up on Wednesday 30th September and Thursday 1st October, 2020. It is free, and you can link in, see details below.

Our LEAP presentation will talk about how we are exploring key implementation challenges for quality improvement at eight Indigenous PHC services and how they interact, along with service-suggested strategies for improvement. The service partners at a recent Learning Community meeting told us what the big ideas are, so far:

### ***So...What does it all mean?***

Leap Learning Community discussions

- **Cultural Awareness** - importance of cultural awareness training for staff.
- **Slow down** - when engaging with community allow listening and talking when people are ready, how they want to say it and with who they want to talk to.
- **Giving choices** - there are many different ways to engage with community, through surveys done in person or just being able to talk with local staff is the most important.
- **Someone else to tell** - people want to choose who they talk with, if you want the whole story people need to feel safe and comfortable with who they are talking with, much of the story is through non-verbal communications. Important to give people the choice.
- **Sharing both ways** - sharing information and feedback between the health service and community.



['Are You Remotely Interested' \(AYRI\) Conference Link >>](#)

---

## **Research Outputs in development**

Our team is currently finalizing three research outputs that we will submit to a peer-reviewed journals for everyone to read.

The first has come from the LEAP/WOMB team and is being written by the deadly CRE-STRIDE group about the importance of recognizing Indigenous authors in the research world – we need to know who's perspective is being published and have the right voices telling the stories.

There is also a paper being prepared to share what we have learnt from working together on the Improvement Stories and another group have been writing about the importance of including *respect* in frameworks used to guide improvement ideas into actions.



Thanks you to all of the partners and team members who continue to contributed to this important research story telling – more soon!

---

### Getting together again... Hopefully even face-to-face in 2021?

It is super hard trying to stay connected on the screens – but we are trying our best! Each month we meet as a Learning Community online, and we are still hopeful for a face-to-face meeting early 2021. For now, if you just want to talk with one of the team, please do not hesitate to call the LEAP team member you feel most comfortable to talk with, or email us on [leap@jcu.edu.au](mailto:leap@jcu.edu.au). We hope to see our Learning Community members at the **next Zoom meeting at 1pm AEST/2pm ADST on Wednesday 7 October, 2020: <https://uni-sydney.zoom.us/j/98333184461>**

---

### Workforce project – next steps

The LEAP project has shown us (again) how important it is for communities to be at the centre of decisions about primary healthcare centre workforce. Veronica, Sarah and team are now working hard to develop a new research project to answer the question: *How do we embed Aboriginal and Torres Strait Islander perspectives into place-based/face-based planning and action for a stable and effective PHC workforce that engenders community trust*

in local care delivery? A number of LEAP partners have agreed to be involved in the preliminary discussions, and a **round table is scheduled for 8th October, 2020. For more information, please email: [leap@jcu.edu.au](mailto:leap@jcu.edu.au)**



**Yaari yarraang, Quitaysha** (*'Goodbye' in Gumbaynggirr*)

As you may have heard, Quitaysha is heading back home to beautiful Kalkaringi in the Northern Territory. Quitaysha feels privileged to have worked with both our WOMB and LEAP Team and is beyond grateful for the learning opportunities, but mostly making the life-long friends within the team. She will stay connected until the end of the year at half day per week where she will still hold connections with the services that she has supported, and continue to work on the Facilitators interviews paper. Quitaysha will also be present the Facilitators interviews online at the 'Are you remotely interested' conference at the end of September, following the great news that her abstract has been accepted! She is *past deadly*, but we all knew that :-)



**More information**

If you have questions or would like more information about anything you have read in this LEAP Project Update, please go to our website at [www.jcu.edu.au/TheLeapProject](http://www.jcu.edu.au/TheLeapProject) or email us at [leap@jcu.edu.au](mailto:leap@jcu.edu.au)

If you no longer wish to receive this Update please email [leap@jcu.edu.au](mailto:leap@jcu.edu.au) and your details will be removed from the distribution list.

The **Leveraging Effective Ambulatory Practices** (LEAP) Project is co-led by Dr Veronica Matthews and Professor Sarah Larkins and funded by the National Health and Medical Research Council of Australia ([1148660](#))

The LEAP Project is a partnership between:



We acknowledge Australian Aboriginal People and Torres Strait Islander People as the first inhabitants of the nation, and acknowledge Traditional Owners of the lands where our staff and students live, learn and work.

