

Bachelor of Sport and Exercise Science

Course Code: 70610

Campus: Townsville, Cairns

Credit points: 72 Credit Points

*Subject has a pre-req

YEAR 1 PART TIME

Teaching Period 1 – Complete the following 2 subjects

BM1061 Anatomy and Physiology for Sport and Exercise Science 1 or MH1061 Introduction to Anatomy and Physiology	3 CP
PY1101 Exploring Psychology 1	3 CP

Teaching Period 2 – Complete the following 2 subjects

HS1401 Health and Health Care in Australia	3 CP
PH1001 Preparatory Physics	3 CP

YEAR 2

Teaching Period 1 – Complete the following 4 subjects

SP1001 Science and Practice of Physical Activity	3 CP
MA1020 Preparatory Mathematics or Students with HA or better in Yr 12 Maths B select 3 credit points of any level 1 subjects	3 CP

Teaching Period 2 – Complete the following 4 subjects

SP1002 Sport and Exercise Nutrition	3 CP
BM1062 Anatomy and Physiology for Sport and Exercise Science 2 or MH1062 The Musculoskeletal System for Sports and Exercise Science	3 CP

YEAR 3

Teaching Period 1 – Complete the following 2 subjects

HS2402 Health Professional Research 1	3 CP
*SP2200 Exercise and Sports Testing <small>SP1001 and (BM1061 or MH1061) and (BM1062 or MH1062)</small>	3 CP

Teaching Period 2 – Complete the following 2 subjects

*SP2009 Strength Training and Conditioning <small>(SP2200)</small>	3 CP
*SP2010 Principles of Motor Learning and Motor Control <small>(SP2200)</small>	3 CP

YEAR 4

Teaching Period 1 – Complete the following 2 subjects

*SP2003 Functional Kinesiology and Biomechanics <small>(PH1001 or PH1005 or SC1021)</small>	3 CP
*SP2007 Physiological Basis for Exercise and Sport <small>(BM1061 and BM1062) or (MH1061 and MH1062)</small>	3 CP

Teaching Period 2 – Complete the following 2 subjects

*SP2201 Exercise Prescription <small>(SP1001 & SP2200)</small>	3 CP
*SP2207 Dynamics of Sport and Exercise Behaviour 1 <small>(ED1481 or PY1101 or PY1102)</small>	3 CP

YEAR 5

Teaching Period 1 - Complete the following 2 subjects

*SP3006 Environmental and Sport Medicine (SP2007)	3 CP
*SP3008 Sport and Exercise Science Practice (SP2006 or SP2201 and SP2200) and SP2009 and SP2007 and SP3007 or SP2207	3 CP

Teaching Period 2 – Complete the following 2 subjects

*SP3018 Advanced Biomechanics (SP2003 or PH2023)	3 CP
Select 3 credit points of any level 1, 2 or 3 subjects	

YEAR 6

Teaching Period 1 - Complete the following 2 subjects

*SP3015 Advanced Motor Learning and Motor Control (SP2010)	3 CP
*SP3011 Sports Training and Rehabilitation (SP2006 or SP2201) and SP2009	3 CP

Teaching Period 2– Complete the following 2 subjects

*SP3016 Exercise Prescription Practices and Procedures (SP2006 or SP2201) and SP2009 and SP3008	3 CP
*SP3014 Independent Project in Sport and Exercise Science and Clinical Exercise Physiology (HS2402 or BU1010 or BU2010 or BU1007)	3 CP