

Bachelor of Sport and Exercise Science - Bachelor of Psychological Science



JAMES COOK
UNIVERSITY
AUSTRALIA



Ready today for tomorrow

jcu.edu.au



Why JCU?

A STUDENT EXPERIENCE LIKE NO OTHER

- Access to world-class teachers
- Develop skills in state-of-the-art facilities
- Achieve exceptional employment outcomes
 - Benefit from small class sizes
- Support through scholarships for merit and equity
 - Discover great accommodation options

GO BEYOND THE CLASSROOM

Benefit from practical placements. Gain experience at the JCU Performance Science Hub and the JCU Movement Analysis Lab.

STRONG NETWORKS

Get a professional head start. Build industry contacts with local and regional sports teams and community-based clinics. Graduate with confidence from the university independently ranked #1 in Queensland for full-time employment and median graduate salary*.

ACCESS EXPERTISE

Learn from world-recognised lecturers and researchers. Gain first-hand knowledge from passionate lecturers who are experts in their field. JCU is rated five stars for learner engagement and student support*.

SUPPORT FOR YOUR SUCCESS

Explore JCU's range of scholarships, grants and bursaries and discover the right financial assistance to achieve your goals.

*Good Universities Guide 2023, UG Health Services



Bachelor of Sport and Exercise Science -Bachelor of Psychological Science

✓ Broaden your skill set by combining two highly-respected fields of study in JCU's Bachelor of Sport and Exercise Science – Bachelor of Psychological Science. Your expertise in both health science and psychology will prepare you with the research, analysis, and critical thinking skills required to succeed in the industry.

✓ Experience the benefits of a joint degree and graduate as an innovative, career-ready scientist who is already ahead of their colleagues.

COURSE DETAILS:

Locations:	Townsville
Start Dates:	February
Duration:	5 years full-time, part-time available
ATAR:	69.35
Prerequisites:	English (Units 3/4,C); General Maths, Mathematical Methods or Specialist Maths (3/4,C)
Recommended:	One of Biology, Chemistry, Physics, Health, Psychology or Physical Education. (3/4, C)

Please visit the [handbook](#) for a detailed outline of the course structure, as well as pre-placement requirements. Note: Information is for domestic students only.

Ready today for tomorrow

In your Sport and Exercise Science degree, gain a comprehensive understanding of how the human body responds to physical activity. Be equipped with theoretical and practical skills to help individuals and athletes improve their physical performance, focusing on North Queensland's tropical climate and cultural heritage. Benefit from practical placements as you learn to assess, design, and deliver exercise programs to a variety of people, from community members to elite athletes.

In your Psychological Science degree, study the human mind and develop a strong foundation of psychological theory, practice, and research skills. You will gain expertise in analytical thinking and scientific research methods relevant to a broad range of careers and further study.

Study a core program along with additional psychology electives to suit your interests and requirements. Take advantage of world-class facilities, including the JCU Performance Science Hub, located with the North Queensland Toyota Cowboys in the Hutchinson Builders Centre in Townsville.



“Engaging in a joint degree has allowed me to keep doors open. It is also an opportunity to obtain two Bachelor’s degrees in less time than it would take to complete them both separately. Sport and Exercise Science and Psychological Science complement each other well. The content taught in one is almost always pertinent to the other, strengthening understanding in both. I envisage undertaking further study focusing on one of the degrees. Professionally, having a joint degree will make me more marketable and provide more varied career options.”

Lucy Fagez

BACHELOR OF SPORTS AND EXERCISE SCIENCE - BACHELOR OF PSYCHOLOGICAL SCIENCE

“Our program is really good in terms of it being hands-on. A lot of our graduates get to experience the real world, not only during classes but also during their practicum. They’re able to work with elite athletes and community groups, as well as patients. Having that wide range sets them up well for the real world.”

Associate Professor Anthony Leicht
LECTURER, SPORTS AND EXERCISE SCIENCE



Career Opportunities

JCU Sport and Exercise Science – Psychological Science graduates are broadly-skilled and are sought-after in a large range of health-related industries.

Graduates pursue careers in various areas including sports, health, wellbeing, nutrition, and psychology.

You could find employment as a sport and exercise physiologist, sports coach, strength and conditioning coach, dietician, clinical psychologist, counselling psychologist, psychotherapist, or social worker. You could also go on to study the Bachelor of Sport and Exercise Science (Honours).





JCU Accommodation

Study and live in some of the most interesting places in the world. Townsville is on the doorstep of the Great Barrier Reef, magnificent rainforests, the savannah region and Outback Australia.

Living on campus is a great place to make new friends and immerse yourself in the JCU culture. JCU Townsville, Bebegu Yumba campus, Douglas, has five different accommodation options housing over 1,300 students.

All rooms at our on-campus residences are single occupancy, with a single bed, study desk, chair, fan, air conditioning and Wi-Fi. Each residence is different in regards to style of living, culture and atmosphere. There are options for fully catered or self-catered housing. Find out more at jcu.edu.au/accommodation



Contact us

JCU Townsville: 07 4781 5255

JCU Cairns: 07 4232 1000

Freecall (within Australia): 1800 246 446

Email: enquiries@jcu.edu.au

