



ACTIVE STUDY STRATEGIES

Learning Style	What to do .....
<p>1. Auditory</p> 	<ul style="list-style-type: none"><li>• Listen to podcasts</li><li>• Summarise key concepts, record them and play back the audio file</li><li>• Recite information out loud</li><li>• Teach it to family or friends</li><li>• Work in a pair and discuss material</li><li>• Meet people for a walk/coffee and discuss content</li><li>• Form a study group - compare study notes – Identify concepts that require clarification</li><li>• Work collaboratively - each person write a possible exam question and swap within your group</li></ul>
<p>2. Visual</p> 	<ul style="list-style-type: none"><li>• Paraphrase content</li><li>• Write/revise summary sheets</li><li>• Draw diagrams, pictures</li><li>• Make flow charts</li><li>• Build mind maps</li><li>• Use index cards - question on one side, answer on the other</li><li>• Use visualisations</li><li>• Make mnemonics</li><li>• Use post-it notes</li><li>• Use coloured paper, cards</li><li>• Highlighter pens for key concepts</li><li>• Blu tack - stick study notes on the fridge, toilet door, outside of shower screen</li></ul>
<p>3. Tactile</p> 	<ul style="list-style-type: none"><li>• Use highlighters to emphasise/colour code important content</li><li>• Write detailed notes</li><li>• Paraphrase - use your own words</li><li>• Type up revision notes</li><li>• Doodle or draw while reading</li><li>• Walk around or stand up while reading notes</li><li>• Redo or clarify difficult concepts</li><li>• Do past exams</li><li>• Make and do a quizlet.com test</li><li>• Draw and label diagrams</li><li>• Make a glossary of terms</li></ul>
<p>4. Other</p>	<ul style="list-style-type: none"><li>• Organise your study area</li><li>• Listen to spotify's intense study playlist</li><li>• Study in the library - in the quiet zone</li><li>• Write down your study goals for each session and tick them off</li><li>• Use the "focus now" or Forest" app on your phone</li><li>• Block social media using the "stay focussed" Chrome extension</li></ul>

- |  |                                                                                                                                                                                                                                                 |
|--|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <ul style="list-style-type: none"><li>• Reward yourself after completing set tasks - take a 15 min power walk</li><li>• Try out the "pomodoro" study technique (google it)</li><li>• Set a brief "to do" list or use the "swipes" app</li></ul> |
|--|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

**Other useful sites**

The organised student

<http://theorganisedstudent.tumblr.com/>

Active Learning Self-Study Workshops

<https://www.jcu.edu.au/students/learning-centre/short-courses-and-workshops>