

# Bachelor of Sport and Exercise Science

Useful study planning/enrolment resources:

[Subject Search](#)

[Academic Calendars](#)

[Class Registration](#)

[Enrolment Resources](#)

The information in the study planner is current at the time of creation may be subject to future change.

If you would prefer a part-time study plan, please adjust the below study planner; reviewing subject prerequisites to ensure you are on track for course completion.

2024	TEACHING PERIOD 1		TEACHING PERIOD 2	
	Study Period 1	BM1061:03 Anatomy and Physiology for Sport and Exercise Science 1	Study Period 2	BM1062:03 Anatomy and Physiology for Sport and Exercise Science 2
	Study Period 1	SP1003:03 Communication for Sport and Exercise Science and Exercise Physiology (Clinical)	Study Period 2	PH1001:03 Preparatory Physics
	Study Period 1	SP1011:03 Physical Activity for Health	Study Period 2	SP1002:03 Nutrition for Health and Physical Activity
			Study Period 2	SP1012:03 Exercise and Sports Testing <i>PREREQ: SP1011, BM1061, (SP1003 or PY1106) and BM1062 (allow concurrent)</i>
	TRIMESTER 1		TRIMESTER 2	TRIMESTER 3
	PY1101:03 Exploring Psychology 1			

2025	TEACHING PERIOD 1		TEACHING PERIOD 2	
	Study Period 1	SP2003:03 Functional Kinesiology and Biomechanics <i>PREREQ: PH1001, SP1012 and BM1062</i>	Study Period 2	HS1401:03 Health and Health Care in Australia
	Study Period 1	SP2007:03 Physiological Basis for Exercise and Sport <i>PREREQ: SP1012 and BM1062</i>	Study Period 2	SP2010:03 Principles of Motor Learning and Motor Control <i>PREREQ: SP2201</i>
	Study Period 1	SP2009:03 Strength Training and Conditioning <i>PREREQ: SP1012 and BM1062</i>	Study Period 2	SP2207:03 Dynamics of Sport and Exercise Behaviour <i>PREREQ: (PY1101 or ED1481), SP1011, (SP1003 or ED1421 or PY1106)</i>
	Study Period 1	SP2201:03 Exercise Prescription <i>PREREQ: SP1012 and BM1062 and SP2009 - SP2009 allow concurrent</i>	Study Period 2	SP2016:03 Exercise Prescription and Delivery <i>PREREQ: SP2201, SP2007, SP2009 and SP2207 – SP2207 allow concurrent</i>

2026	TEACHING PERIOD 1		TEACHING PERIOD 2	
	Study Period 3	HS2402:03 Health Professional Research 1 <i>PREREQ: 18 credit points of Level 1 subjects</i>	Study Period 2	SP3011:03 Sports Training and Rehabilitation <i>PREREQ: SP2016</i>
	Study Period 1	SP3008:03 Practicum in Sport and Exercise Science/Clinical Exercise Physiology <i>PREREQ: SP2016 and SP2207</i>	Study Period 2	SP3018:03 Advanced Biomechanics <i>PREREQ: SP2003 and SP2016</i>
	Study Period 1	SP3015:03 Advanced Motor Learning and Motor Control <i>PREREQ: SP2010 and SP2016</i>	Study Period 2	SP3014:03 Independent Project in Sport and Exercise Science and Clinical Exercise Physiology <i>PREREQ: HS2402, SP2016, SP3008, SP3106 and SP3015</i>
	Study Period 1	SP3106:03 Applied Physiological Basis for Exercise and Sport <i>PREREQ: SP2007 and SP2016</i>	Study Period 2	SP3017:03 Principles of Clinical Exercise Physiology Practice <i>PREREQ: SP3008</i>

## COURSE HANDBOOK

[Bachelor of Sport and Exercise Science Handbook](#)