# Reflective template based on Gibbs reflective cycle

**Student name: Student ID no:**

**Date of peer review: Date of self-appraisal:**

**Instructions:** Complete this self-appraisal tool following your peer review assessment day. Once completed, submit this form and a copy of your clinical skills appraisal tool as artefacts in your professional portfolio.

**Providing feedback**

|  |  |
| --- | --- |
| **Suggested reflective questions to ask yourself** | **Student response** |
| **Describe the experience:** * What skill were you reviewing?
* What happened during the review?
* Did the reviewee achieve a satisfactory result?
* How did the reviewee respond to your feedback?
 |  |
| **Feelings:** * What were you feeling before, during and after giving feedback to the reviewee?
* What do you think the reviewee was feeling during the review and while receiving feedback?
* What were you thinking about while reviewing the skill and providing feedback?
* What do you think about the review now?
 |  |
| **Evaluation:*** What was good and bad about providing feedback?
* What went well when providing feedback?
* What didn’t go so well when providing feedback?
 |  |

|  |  |
| --- | --- |
| **Suggested reflective questions to ask yourself**  | **Student response** |
| **Analysis:*** Why did it go well?
* Why didn’t it go well?
 |  |
| **Conclusion:** * What did I learn from providing feedback to others?
* How can I improve my ability to provide constructive feedback?
* In what circumstances will I provide feedback as a registered nurse?
 |  |
| **Action plan:*** What would I do differently next time I gave feedback to others?
* What skills do I need to develop?
* How will I develop these skills?
 |  |