|  |
| --- |
| Weekly Study Planner |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 8am-9am |  |  |  |  |  |  |  |
| 9am-10am |  |  |  |  |  |  |  |
| 10am-11am |  |  |  |  |  |  |  |
| 11am-12pm |  |  |  |  |  |  |  |
| 12pm-1pm |  |  |  |  |  |  |  |
| 1pm-2pm |  |  |  |  |  |  |  |
| 2pm-3pm |  |  |  |  |  |  |  |
| 3pm-4pm |  |  |  |  |  |  |  |
| 4pm-5pm |  |  |  |  |  |  |  |
| 5pm-6pm |  |  |  |  |  |  |  |
| 6pm-7pm |  |  |  |  |  |  |  |
| 7pm-8pm |  |  |  |  |  |  |  |
| 8pm-9pm |  |  |  |  |  |  |  |
| **Step 1** - start by noting all of your contact hours on campus for each subject (lectures, tutorials, practicums) and any paid work you undertake as these are fixed hours. **Step 2** - fill in all your non-contact hours (preparation for lectures, tutorials, assessment items) for each subject, study groups, free Learning Skills and Writing Skills workshops (Thursdays 11am-1pm in B1.106) - as a guide students should spend a minimum of 10 hours/week/subject on their studies. **Step 3** - fill in some fun stuff like social and recreational activities to help keep you happy and healthy while you study.  **Step 4** - fill in a time to do a weekly review to work out if your plan needs adjusting based on the amount of outstanding tasks you have each week. |
|
|