

Bachelor of Exercise Science-Bachelor of Exercise Physiology

Useful study planning/enrolment resources:

- [Subject Search](#)
- [Academic Calendars](#)
- [Class Registration](#)
- [Enrolment Resources](#)

The information in the study planner is current at the time of creation may be subject to future change.

Attention International Student visa holders: To remain compliant with your enrolments requirements as a Student visa holder you are required to enrol in at least one On-Campus, Multi-Modal or WIL subject offering in each compulsory study period and you cannot enrol in more than one third (33%) of your total course load through online or distance learning. To complete your course within your CoE duration students must maintain sufficient subject enrolment.

If there are only Online subject offerings for you to select in a compulsory study period, contact enrolments@jcu.edu.au urgently for enrolment advice.

	TRIMESTER 1	TRIMESTER 2	TRIMESTER 3
2026	BM1063:03 Foundations of Anatomy and Physiology for Health Sciences	BM1064:03 Neuro-musculoskeletal Anatomy for Health Sciences	SP1014:03 Strength and Conditioning Fundamentals <i>PREREQ: SP1012</i>
	RH1002:03 Communication Skills for Health Professionals	SP1012:03 Health and Exercise Testing <i>PREREQ: SP1011</i>	SP1015:03 Biomechanics <i>PREREQ: BM1064</i>
	SP1011:03 Physical Activity for Health	SP1002:03 Nutrition for Health and Physical Activity	SP2007:03 Physiological Basis for Exercise <i>PREREQ: BM1061 and BM1062 or BM1063 and BM1064</i>

	TRIMESTER 1	TRIMESTER 2	TRIMESTER 3
2027	HS2402:03 Health Professional Research 1 <i>PREREQ: 12 credit points of level one subjects</i>	SP2202:03 Motor Learning and Control <i>PREREQ: BM1063 and BM1064</i>	SP2018:03 Exercise Science Practicum 1/2 <i>PREREQ: SP2205</i>
	SP2204:03 Exercise Prescription Practice <i>PREREQ: BM1063 and BM1064 and SP1014</i>	SP2205:03 Exercise Delivery <i>PREREQ: SP2204 and SP2207</i>	SP2019:03 Contemporary Practices in Sport Science <i>PREREQ: SP2205</i>
	SP2207:03 Exercise Behaviour <i>PREREQ: SP1011 or ED1481</i>	SP2017:03 Applied Physiological Basis for Exercise <i>PREREQ: SP2007</i>	Select 3 credit points of any undergraduate subject

	TRIMESTER 1	TRIMESTER 2	TRIMESTER 3
2028	SP3021:03 Exercise Science Practicum 2/2 <i>PREREQ: SP2205</i>	SP3024:03 Exercise Rehabilitation <i>PREREQ: SP1014 and SP2204</i>	SP3026:03 Exercise Management of Musculoskeletal Conditions <i>PREREQ: SP3025</i>
	SP3022:03 Introduction to Exercise Physiology <i>PREREQ: SP2205</i>	SP3025:03 Exercise Physiology Practicum A <i>PREREQ: SP3022 and SP3023</i>	SP3027:03 Exercise Management of Cardiovascular and Pulmonary Conditions <i>PREREQ: SP3025</i>
	SP3023:03 Exercise Advocacy & Leadership <i>PREREQ: SP1011 and HS2402</i>	Select 3 credit points of any undergraduate subject	SP3028:03 Exercise Management of Neurological Conditions <i>PREREQ: SP3025</i>

	TRIMESTER 1	TRIMESTER 2	TRIMESTER 3
2029	SP4021:03 Exercise Management of Metabolic Conditions and Kidney Disease <i>PREREQ: SP3025</i>	SP4024:03 Exercise Physiology Practicum B 2/3 <i>PREREQ: SP3026 and SP3027 and SP3028</i>	
	SP4022:03 Exercise Management of Mental Health, Cancer and Fatigue Disorders <i>PREREQ: SP3025</i>	SP4025:03 Exercise Physiology Practicum B 2/3 <i>PREREQ: SP3026 and SP3027 and SP3028</i> <i>CO-REQUISITE: SP4024</i>	
	SP4023:03 Exercise Physiology Practicum B 1/3 <i>PREREQ: SP3026 and SP3027 and SP3028</i>		

ADDITIONAL INFORMATION

Suggested Elective Subjects

BU1002 Accounting for Decision Making
 BU1003 Principles of Economics
 BU1007 Principles of Data Analysis for Business
 BU1105 Professional and Academic Skills for Business
 BU1108 Marketing Matters
 BU1109 Career Development for Business Professionals
 BU1112 Business Law
 CH1020 Preparatory Chemistry
 CU1010 Effective Writing
 HS1003 Lifespan Development for Health A
 HS2401 Rural and Remote Primary and Public Healthcare
 HM1061 Foundations of Movement and Physical Activity
 RH2002 Clinical Medicine for Therapy

COURSE HANDBOOK

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