

Master of Lifestyle Medicine (Option 2 – HDR Pathway)

Useful study planning/enrolment resources:

[Course and Subject Handbook](#)

[Academic Calendars](#)

[Class Registration](#)

[Enrolment Resources](#)

The information in the study planner is current at the time of creation may be subject to future change.

| | TRIMESTER 1 | TRIMESTER 2 | TRIMESTER 3 |
|------|-------------|---|---|
| 2026 | | HS5801:03 Health Coaching and Behaviour Change | HS5800:03 Introduction to Lifestyle Medicine |
| | | HS5802:03 Models of Care and Innovation in Lifestyle Medicine | HS5810:06 Lifestyle Medicine Assessment and Prescription |
| | | HS7405:03 Research Methodologies for Health Professionals | <i>PREREQ: HS5800 and HS5801, Concurrent enrolment in HS5810 and HS5800 is allowed.</i> |

| | TRIMESTER 1 | TRIMESTER 2 | TRIMESTER 3 |
|------|---|-------------|---|
| 2027 | Select 3 credit points from List 1 | | Select 3 credit points from List 1 |
| | SEMESTER 1 | | SEMESTER 2 |
| | RM8501:06 Research Planning | | RM8502:06 Research Project |

List 1

General

HS5111:03 Alcohol and Other Drugs

TM5506:03 Social Science in Public Health

TM5502:03 Tropical Public Health

TM5510:03 Aboriginal and Torres Strait Islander Health

TM5575:03 Substance Misuse Prevention

Education

HS5405:03 Teaching for Learning in the Health Professions

HS5409:03 Innovative Teaching in the Health Professions

HS7411:03 Leadership in Health Professional Education

Health Promotion

LB5202:03 Marketing Essentials

TM5528:03 Health Promotion

Research

HS5102:03 Qualitative Research Methods for Health Professionals

TM5513:03 Public Health Management, Leadership, Planning and Policy

TM5515:03 Epidemiology for Public Health

TM5516:03 Biostatistics for Public Health

TM5526:03 Public Health Economics

TM5547:03 Public Health Program Planning and Evaluation

COURSE HANDBOOK

[Master of Lifestyle Medicine](#)