

## Master of Lifestyle Medicine (Option 2 – HDR Pathway)

Useful study planning/enrolment resources:

[Course and Subject Handbook](#)

[Academic Calendars](#)

[Class Registration](#)

[Enrolment Resources](#)

The information in the study planner is current at the time of creation may be subject to future change.

**Attention International Student visa holders:** To remain compliant with your enrolments requirements as a Student visa holder you are required to enrol in at least one On-Campus, Multi-Modal or WIL subject offering in each compulsory study period and you cannot enrol in more than one third (33%) of your total course load through online or distance learning. To complete your course within your CoE duration students must maintain sufficient subject enrolment.

If there are only Online subject offerings for you to select in a compulsory study period, contact [enrolments@jcu.edu.au](mailto:enrolments@jcu.edu.au) urgently for enrolment advice.

	TRIMESTER 1	TRIMESTER 2	TRIMESTER 3
2026	HS5800:03 Introduction to Lifestyle Medicine	HS5810:06 Lifestyle Medicine Assessment and Prescription <i>PREREQ: HS5800 and HS5801 (Allow concurrent enrolment into HS5800)</i>	HS5802:03 Models of Care and Innovation in Lifestyle Medicine
	HS5801:03 Health Coaching and Behaviour Change		Select 3 credit points from <b>List 1</b>
	HS7405:03 Research Methodologies for Health Professionals		Select 3 credit points from <b>List 1</b>

	SEMESTER 1	SEMESTER 2
2027	RM8501:06 Research Planning	RM8502:06 Research Project

## List 1

### General

HS5111:03 Alcohol and Other Drugs

TM5506:03 Social Science in Public Health

TM5502:03 Tropical Public Health

TM5510:03 Aboriginal and Torres Strait Islander Health

TM5575:03 Substance Misuse Prevention

### Education

HS5405:03 Teaching for Learning in the Health Professions

HS5409:03 Innovative Teaching in the Health Professions

HS7411:03 Leadership in Health Professional Education

### Health Promotion

LB5202:03 Marketing Essentials

TM5528:03 Health Promotion

### Research

HS5102:03 Qualitative Research Methods for Health Professionals

TM5513:03 Public Health Management, Leadership, Planning and Policy

TM5515:03 Epidemiology for Public Health

TM5516:03 Biostatistics for Public Health

TM5526:03 Public Health Economics

TM5547:03 Public Health Program Planning and Evaluation

## **COURSE HANDBOOK**

[Master of Lifestyle Medicine](#)