



What can I do with an Exercise Science and Exercise Physiology degree?

Support people to improve and maintain health and performance while minimising the effects of disease and injuries.

Future careers



- Exercise Physiologist
- Exercise Scientist
- Wellness Coordinator
- Clinical Science Technician
- Corporate Health Rehabilitation
- Sport and Recreation Officer

Did you know



- Exercise scientists and Physiologists use evidence-based research and technology to improve the health, performance, and lives of diverse populations.

Perks of the job



- Improve people's health, fitness and wellbeing
- Combat chronic disease and injury
- Enhance sporting performance
- Work with diverse populations
- Stay physically fit and healthy.

Future growth



- 10% growth for Exercise Physiologists is projected between 2023-2033.

jobsandskills.gov.au/data/employment-projections

Median wage



- The average salary for an Accredited Exercise Scientist is A\$72,500 per year.
- The average salary for an Accredited Exercise Physiologist is A\$80,000 per year

Honour board



- Bengt Saltin founded and directed the world-renowned Copenhagen Muscle Research Centre.
- Robert Newton revolutionised the role of physical activity in cancer treatment and survivorship.





JAMES COOK
UNIVERSITY
AUSTRALIA

Exercise Science and Exercise Physiology

Subjects to focus on

- English (Units 3/4,C) - required
- General Maths (Units 3/4,C) - required
- One of Biology, Health or Physical Education (Units 3/4, C) - recommended

Prerequisites apply to commencements from 2026



Learn more

Scan the QR code to explore
JCU Exercise Science and Exercise
Physiology



Scan to watch
'Professional
Experience
Placement'.



“JCU's hands-on labs and smaller class sizes gave me a solid foundation and the freedom to shape my learning. The flexible study options and real-world placements helped me discover my passion, working with elite athletes to refine their performance.”

Alexander Anthony

GRADUATING INTO THE EXERCISE SCIENCE FIELD



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