

WHS Health Management: Work Capabilities Form 6A

WHS-PRO-FORM-006a



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The JCU staff member is to provide this form to their treating practitioner. The treating practitioner is to complete the form, identifying the staff member's capacity or limitations to work. This information is used to assist with the creation of a Suitable Duties Plan if necessary. This completed form is to be made available to the staff member's line manager and the JCU Injury Prevention & Management Advisor.

Name: _____ DOB: ____/____/____

I have examined the above patient on (date): _____ and certify that they have a medical condition that is impacting on their work in the following way(s):

Fitness for work

- ☐ Fit to carry out pre-injury duties commencing on (date) ____/____/____
- ☐ Fit and capable of performing selected duties from (date) ____/____/____ to ____/____/____
- ☐ Unfit for any kind of work from (date) ____/____/____ to ____/____/____

Recommended work hours

- ☐ Usual work hours ☐ Reduced work hours:

Week	Hours / Day	Days / Week
Week 1		
Week 2		
Week 3		
Week 4		

Recommendations / Comments:

- ☐ Symptom management breaks for ____ minutes after every ____ hours
- ☐ Introduction of or increase in social interaction
- ☐ Impact of medication on work _____
- ☐ Psychological considerations _____
- ☐ Other _____
- _____

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Duties may include:	Not restricted (>67% of the work day)	Frequent (34-66% of the work day)	Occasional (6-33% of the work day)	Minimal (<5% of the work day)	None
Sitting					
Standing					
Walking					
Climbing stairs					
Bending / twisting / squatting					
Reaching below waist					
Reaching forward					
Reaching overhead					
Grip activities					
Fine motor activities					
Lifting / carrying up to ____ kg					
Pushing / pulling					
Computer work					
Operating machinery					
Driving					

Review Date: ____/____/____

Expected time to return to full pre-injury duties: ____ (weeks) ____ (months)

Treating Practitioner Signature: _____

Treating Practitioner Name: _____

Date: ____/____/____

Practice Stamp